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How to celebrate National Clam Chowder Day in Boston. 5



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MATT JUUL, BOSTON FEATURES EDITOR

Clam chowder is synonymous with New England cuisine. Celebrate this beloved local delicacy by stopping by one of Boston's top seafood joints when National Clam Chowder Day returns on Sunday. Not a fan of the creamy soup? Don't worry. From pie-filled musicals to the start of the New England Food Show, there's something for every kind of foodie happening this weekend. Flip ahead to find out what's going on and visit us at [metro.us/things-to-do/boston](#).



TALKING FOOD WITH CHEF IRVINE

1 Robert Irvine will serve as a keynote speaker at this year's New England Food Show, which kicks off this weekend. See what the celebrity chef had to say about Boston's food scene, Tom Brady's cookbook and more. *For more, see page 4.*



BAKING UP A GOOD TIME



2 "Waitress" finally made its long-awaited return to Boston this week. We caught up actress Desi Oakley about starring in the hit musical. *For more, see page 8.*

5 THINGS TO DO

WHERE'S THE CHOWDAH?

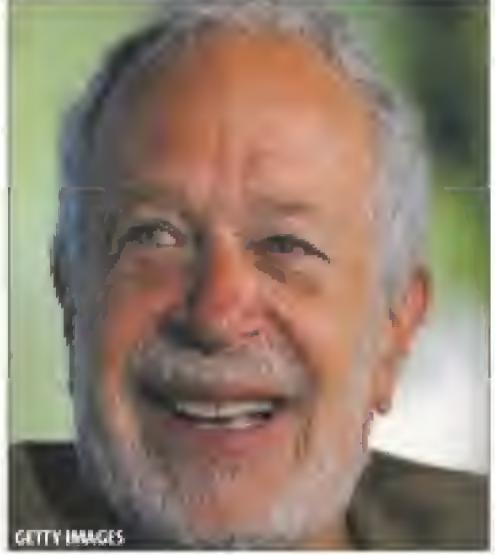
3 National Clam Chowder Day is back this weekend, so get your spoons ready and slurp down a few bowls of the fan-favorite soup. Find out where you can celebrate the foodie holiday around town. *For more, see page 5.*



GETTY IMAGES

THE COMMON GOOD

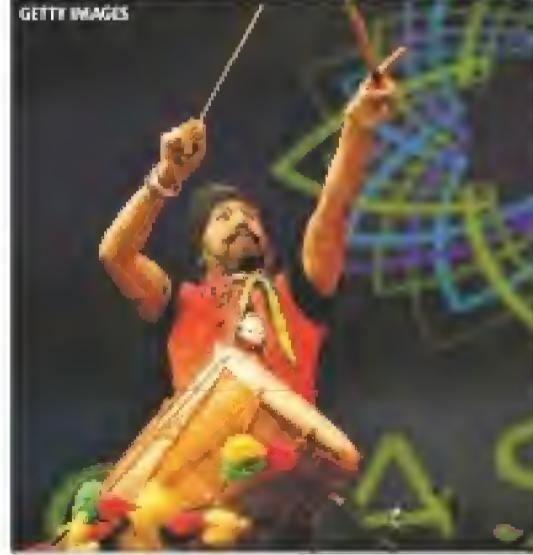
4 Acclaimed author and former Secretary of Labor Robert Reich will be in Cambridge on Friday to talk about his new book, "The Common Good." We caught up with the one-time Massachusetts gubernatorial candidate to talk about politics in the age of Trump, cynicism and other topics. *For more, see page 9.*



GETTY IMAGES

MARGS, MUSIC AND MORE

5 From music festivals to make your own margarita bars, there's a lot going on in the Boston area. Make the most of your weekend with our guide to the best events happening around the city. *For more, see pages 6-7.*



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Chef Robert Irvine will appear at the New England Food Show on Feb. 26. GETTY IMAGES

Robert Irvine talks Boston's food scene, Tom Brady and avocado ice cream

The celebrity chef will be in town for the New England Food Show.

MATT JUUL

Robert Irvine is heading back to the Hub for the 2018 New England Food Show, which kicks off this weekend at the Boston Convention & Exhibition Center. The celebrity chef and "Restaurant: Impossible" star will join "Bar Rescue" host Jon Taffer and TripAdvisor co-founder Stephen Kaufer as one of the keynote speakers at this year's festivities. Ahead of his presentation on Feb. 26, we caught up with chef Irvine to get his thoughts on Boston's food scene, Tom Brady's foray into the culinary world and if he's a fan of avocado ice cream.

Are you pumped to be coming to town for this year's New England Food Show?
I've spent a lot of time in Boston. I do an awful lot of work there with Comcast. In fact, the last year, I spent a lot of time there. I've got a lot of

friends in the restaurant business there, so I'm really excited. Hopefully I get to see a couple of those friends, have a great meal, meet new friends, do the demo and have some fun. Food shows are awesome anyways, but when they're in a town like Boston, hello, it's an amazing place.

Do you have any favorite spots to grab a bite when you're in Boston?
Ming Tsai, Ken Oringer, Jasper [White], they're all friends of mine. I've known them for years. Jody [Adams], Barbara [Lynch], I've known a lot of these guys for a long time. If I get a chance to say, "Hey, come over to the demo," or let's go out for a beer, let's go out for dinner, they normally pick where we go. I just love Boston as a food city. New England's food scene has become so good. You have some great young chefs, great places popping up. I just think it's great when people work somewhere else and then either migrated to Boston or they started

in Boston and worked in great places and gone on their own. I get excited with the young talent that's coming up.

How has your approach to food evolved over the years?
Because I travel so much and learn so much — I'm 52 years old, I've come of age as it were — I really understand where I fit in the food world. It's basically taking classic dishes and twisting them with my travels. I find that my restaurants, I have one in the Pentagon and one in [Las] Vegas at Tropicana, and I find that the Tropicana has become my testing ground for classic dishes with twists. For example, I do a fish and chip, but I do it with a curry aioli, feta cheese and candied bacon. It's taking a classic dish and compounding that dish in all different flavors that actually go really well together. It's like drinking a beer. If you can taste what's in the beer, the chocolate, the blackberry or whatever, than the beer maker's done a great job. Each

component can stand on its own, but then when you eat it together, it's like a symphony of flavors in your mouth.

Considering America has such a big obesity problem and you also focus a lot on fitness, what are your thoughts on all the recent health food trends?
Fitness means different things to different people.

"I just love Boston as a food city. New England's food scene has become so good."

I don't advocate that you go to a gym every day, lift 400 pounds and sweat until you drop. What I say is moderation of food. If you look at Bobby Flay and all these guys now on TV — Bobby's now

a marathon runner, his side of food has changed dramatically — all these other guys have changed. I think it's an education of health. The country as a whole and chefs in general are changing their ways in which they make dishes and they concoct dishes. It's happening, it's slow to happen, but it's happening in major cities a little quicker than most people think.

Speaking of fitness, what do you think of Tom Brady's cookbook?

I have not seen it, but I laugh because I was in Senegal when the Super Bowl was on and one of my dear friends, Medal of Honor recipient Woody Williams, flipped the coin for the toss, and the Eagles won, and I'm an Eagles fan. I think when you see actors, actresses, sports folks — they're all into food TV now, they're all into restaurants. They figured out, "You know what, I've been doing this all my life, maybe somebody else can benefit or maybe I can make some money from it?" Chrissy Teigen just

came out with a couple of cookbooks, he's coming out with a cookbook, and I wish him well. He's lived that regimen of healthy eating and working out, obviously to be at the top that he is, because he's an amazing player. Nobody can ever take that away from him. No matter what happens in his future, whether he's on food TV or an NFL analyst, we always fall back on food. I'm sure it's a good book too.

Would you try one of his avocado ice cream recipes?

I've had avocado ice cream before. I've had olive oil ice cream before — olive oil ice cream with vanilla is amazing. [A few years ago], I did 85 days of eating an avocado, ate a different way every day. So, I'm a lover of avocado. It's a good fat. You can do anything with it. It's like having a plain canvas, you can add and take away. I like all that stuff. It's an adventurous way to serve ice cream. Is it healthy? It's got healthy fat in it, but it's not necessarily healthy.

Where to celebrate National Clam Chowder Day in Boston

It's chowdah time. **MATT JUUL**



There are plenty of great places to grab a bowl of clam chowder in Boston. **craigimages**

Because clam chowder is a staple of New England cuisine, it's only right that there's a foodie holiday dedicated to beloved seafood soup. Celebrate National Clam Chowder

Day on Sunday, Feb. 25, and grab a bowl at one of these awesome restaurants around Boston.

Atlantic Fish Co.
Located in the heart of

Back Bay, this acclaimed seafood restaurant serves up a lot of clam chowder every year. In 2017, Atlantic Fish Co. used a whopping 5,000 lbs. of potatoes just for its take

on the soup. Featuring clams sourced right from Boston Harbor and stuffed in a delicious bread boule, stop by and see what the hype's all about.
[761 Boylston St., atlanticfish.com](http://761boylston.com)

The Barking Crab
This Seaport hotspot has won numerous awards for its chowdah over the years. In honor of National Clam Chowder Day, guests can slurp up a free cup of the soup with any food or drink purchase on Sunday.
[88 Sleeper St., barkingcrab.com](http://88sleeper.com)

Island Creek Oyster Bar
There's a lot of great seafood options on Island Creek Oyster Bar's menu, but its clam chowder is perennially

named one of the best in the city by food critics. Made with house-smoked bacon and topped with buttermilk biscuits instead of saltines, the Kenmore restaurant puts a decadent spin on the fan-favorite soup.
[500 Commonwealth Ave., islandcreekoysterbar.com](http://500commonwealthave.com)

Legal Sea Foods
The seafood chain's chowder has been a longtime favorite of presidents since the era of Ronald Reagan, most recently being served at Donald Trump's inauguration festivities. Locals can feast on Legal Sea Foods' commander-in-chief worthy soup at locations around the country.
[Various locations, legalseafoods.com](http://legalseafoods.com)

Moon Bar
Mooncussor Fish House's casual bar has quite the deal in honor of National Clam Chowder Day. Featuring clams, smoked scallops, skate and topped with moon-shaped crackers, chef Carolyn Johnson's Mooncussor Chowder will be available for just \$5 starting at 4 p.m. on Feb. 26.
[304 Stuart St., moonbarboston.com](http://304stuart.com)

Ned Devine's
This Irish pub in Faneuil Hall surprisingly has one of the best New England-style clam chowders in the city. Ned Devine's soup is a three-time winner of the Boston Harborfest Chowderfest contest.
[I Faneuil Hall Marketplace, neddevineboston.com](http://neddevineboston.com)

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FOOD & DRINKS



BSSC Winter Warrior Pub Crawl

Channel your inner winter warrior and party with the Boston Ski & Sports Club. The organization is hosting a bar crawl around Boylston Street on Saturday complete with drink specials, appetizers and more. Feb. 24, 12:30 p.m.-6 p.m., various locations, \$10+, bssc.com

FOOD & DRINKS

Beers with the Brewers

Craft'd Company's popular series stops by Turtle Swamp Brewing on Thursday night. Check out the Jamaica Plain brewery's new taproom as owner John Lincecum shares stories while

guiding guests through a special tasting. Tickets include a beer flight plus a snack pairing. Feb. 22, 7 p.m.-9 p.m., Turtle Swamp Brewing, 3377 Washington St., Boston, \$20+, craftdcompany.com

Make your own margarita

In honor of National Margarita Day on Thursday, Mija is letting guests get in on the fun with a make your own margarita bar. Create your own personalized margarita with pineapple, strawberry, jalapeño and other flavors as you munch on tacos and other goodies. Feb. 22, 3 p.m.-10 p.m., Mija Cantina & Tequila Bar, 1 Faneuil Hall

Marketplace, Boston, mijaboston.com

ARTS & CULTURE

Lunar New Year Celebration

Billed as the biggest Lunar New Year parade in New England, stop by the new Pao Arts Center in Chinatown for this epic celebration. The festivities will include lion dancing, dumpling-making classes, and more family-friendly activities. Feb. 25, 11 a.m., Pao Arts Center, 99 Albany St., Boston, free, bcnc.net

Seaport Seesaws

Stop by Impulse, an internationally renowned and definitely Instagram-worthy public art installation, in the Seaport this weekend. The setup features 12 musical, LED-lit seesaws that change as users bounce on them. Through April 8, 10 a.m.-9 p.m., 84 Northern Ave., Boston, free, bostonseaport.xyz

COMEDY

Steve Trevino

The up-and-coming Tex-Mex comic ships up to the Hub for a three-night stint at Laugh Boston.

MOVIES



Beauty and the Beast

Sing along with Belle, Gaston and the gang when Marketplace Movie Nights returns to Faneuil Hall on Thursday. Check out a free screening of Disney's 2017 live-action adaptation of "Beauty and the Beast," starring Emma Watson, Dan Stevens and Luke Evans. Feb. 22, 6:30 p.m.-8:30 p.m., Faneuil Hall Marketplace, 4 South Market Building, free, faneuilhallmarketplace.com

Boston-area comics Chris Pennie and Alex Giampapa are set to open this weekend's shows. Feb. 22-24, Laugh Boston, 425 Summer St., Boston, \$20, laughboston.com

MOVIES

Something of Value: Sidney Poitier on Screen

In honor of the screen legend's

91st birthday this week, the Somerville Theatre is hosting a special film series featuring 15 of the star's groundbreaking flicks. Presented in 35 mm, the fun kicks off on Friday with a screening of the 1950's drama "No Way Out." Feb. 23-March 18, Somerville Theatre, 55 Davis Square, Somerville, \$12, somervilletheatre.com

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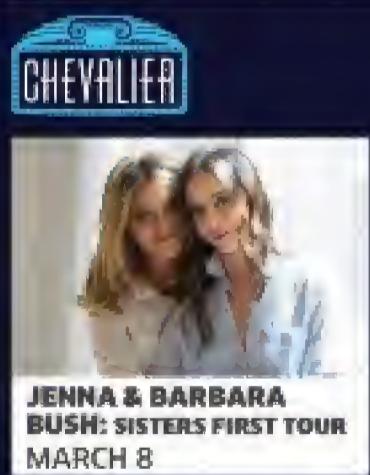
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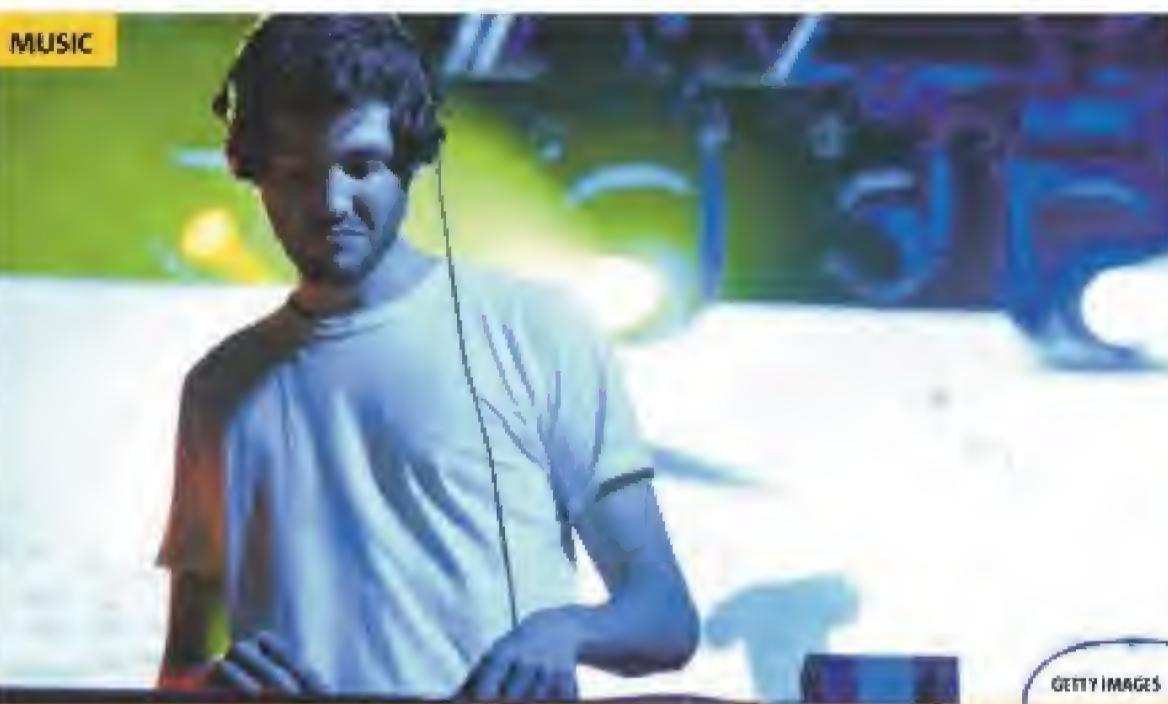
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**Baauer**

"Harlem Shake" your way over to Royale on Friday night to see the hit DJ and producer bring down the house. While it's been a couple of years since Baauer released his first album, "Aa," a new record may soon be on the way, as he recently teased "new stuff soon" on his Instagram page. Feb. 23, 10 p.m., Royale Nightclub, 279 Tremont St., \$10+, royaleboston.com

Fresh off the release of his 15th studio album, "Circo Soledad," the Guatemalan singer-songwriter is ready to take the stage in Boston this weekend. Arjona's latest tour stops at the Wang Theatre on Friday night. Feb. 23, 8 p.m., Wang Theatre, 270 Tremont St., Boston, \$74.25+, bochcenter.org

CRASHfest

This annual festival brings acts of all different styles together for an unforgettable night of music. Afro-fusion band Mokoomba, Malian guitarist Vieux Farka Touré, soul singer Zeshan Bagewadi and more are all set to perform at the House of Blues on Saturday night. Feb. 24, 5:30 p.m., House of Blues, 15 Lansdowne St., Boston, \$48, crashfest.org

GOING OUT**Game Night**

Get your game on at the Hard Rock Cafe on Thursday night. Test your skills at Monopoly, Scrabble, Jumbo Jenga, Twister and more while enjoying music by DJ Real P. Feb. 22, 8:30 p.m., Hard Rock Cafe, 22-24 Clinton St., Boston, \$10+, hardrock.com

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'Waitress' star plans to bake up a good time in Boston

The hit musical is back in town. MATT JUUL

While Desi Oakley has already shown off her musical chops in a slew of Broadway productions like "Wicked" and "Les Misérables" over the years, there's something special about her latest role as Jenna Hunterson in the national tour of "Waitress."

The actress and singer-songwriter stars as the fan-favorite pie maker in the Tony Award-nominated musical, which kicked off its run at the Boston Opera House this week. Since the production originally debuted at Cambridge's American Repertory Theatre in 2015 before making the move to Broadway, Oakley couldn't be more ex-

cited to bring "Waitress" back to the Bay State.

"Honestly, it's a dream come true," Oakley says. "Especially coming to Boston where the heart of the story was born."

Based on the Keri Russell-starring 2007 indie flick of the same name, "Waitress" tells the story of Jenna, a young woman who works in a small town diner and is trapped in a relationship with her abusive husband. Things get complicated when Jenna gets pregnant and ends up falling in love with her gynecologist. In order to cope with her situation, Jenna enters a pie contest, in hopes that the grand prize is her ticket out.

Although the musical numbers and smells of freshly baked desserts makes for an entertaining night out at the theater, Oakley believes that fans have gravitated toward the production because of its extremely relatable protagonist.

"I call her the every woman," Oakley says. "No one has written a book about her. Her skin isn't green. She's really relatable. She's sort of just like all of us."

The actress says that preparing for "Waitress" was just as much fun as performing it onstage. Like Jenna, Oakley's mother taught her how to bake pies, and even flew all the way out to



"Waitress" is cooking up something special in Boston. ALL PHOTOS JOAN MARCUS

New York in order to get her ready for the role, using her great-grandmother's tart cherry pie recipe.

"My mother got on a plane and threw a rolling pin in her suitcase and flew to New York City," Oakley says. "She taught me how to bake a pie in my studio apartment."

"I've never made a pie before," she adds. "I thought it was really special. It was her idea."

Overall, Oakley has

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loved every minute of her "Waitress" experience and is proud of the fact that the production features an all-female

creative team, including Sara Bareilles. The Grammy winner, who's currently playing Jenna on Broadway, wrote the music and lyrics for the show.

"They didn't necessarily go out saying, 'Let's make this an all female cast,' they just chose the best people for the job and it happened to be all women," Oakley says. "I think that idea is so powerful."

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Robert Reich: Trump 'is the antithesis of the common good'

The former secretary of labor brings his book tour to town this weekend.

MATT JUUL

In such politically divisive times, Robert Reich believes America still has a chance find some common ground. While the acclaimed writer and former secretary of labor believes we've lost a sense of the common good in the age of Donald Trump, he still has hope for the future. Ahead of his trip to Cambridge this weekend in support of his new book, "The Common Good," we caught up with the former Harvard professor and one-time Massachusetts gubernatorial candidate to talk about bridging the gap

between today's political factions, overcoming cynicism and more.

Why did you want to write about the loss of the common good?

One of the biggest characteristics of the age we're in is the absence of any concept of the common good. Certainly, the biggest contrast between America of the period between, say, 1932 and 1980 versus what's happened since then, is the disintegration of what might be understood as the common good. And Donald Trump is the embodiment of that disintegration. Everything he does and says is the antithesis of the common good, but he's not the cause of the decline.

Is focusing on a common

economic agenda the key to bridging the divide between both sides of the aisle?

Yes. The economic disparities have kind of grown into a chasm. Since the late 1970s, most people have not had a raise if you adjust for inflation. In fact, most families have been on a downward escalator, even though the economy as a whole has continued to expand. Most of the gains have gone to the wealthy, and with those gains have come a lot of political power to rig the game in their favor. The election of 2016 was a watershed in this respect because both Donald Trump and Bernie Sanders, the most improbable candidates you could imagine, emphasized the rigging of the game



Robert Reich will appear at the First Parish Church on Friday. GETTY IMAGES

and really rode a populist wave. I think Trump did it much more cynically, obviously, because once in office, he continued to pander to the rich and his wealthy friends, lobbyists, Wall Street and so forth. But nobody looking at America in recent decades of American history can mistake what has happened and why it's important for the Demo-

crats, if they want to get back the votes, to advance what might be called democratic populism.

In the face of so much political cynicism, do you have any hope for the future?

Cynicism is the great enemy of positive social change. When too many people become cynical about the possibility of

change, the impossibility becomes a self-fulfilling prophecy and the special interests end up running everything. But if you look at American history, you see great cycles. A lot of people at the end of the 19th century were cynical about the possibility of change because great fortunes were in the hands of very few giant corporations and robber barons. Much of the middle class had been hollowed out, the working class was heading on a very steep downward trajectory. The poor were in a terrible plight. Our politics were terribly corrupted by money and there were very dangerous working conditions ...

We as a nation rejected that future or that trend. We insisted on a better America for everyone. We reasserted equal political minds and equal opportunity and regulations against impure foods and drugs, a progressive incomes tax and a vote for women, that women fought very hard for. We launched the country. I think we'll do the same. I think that's the pattern in our history.

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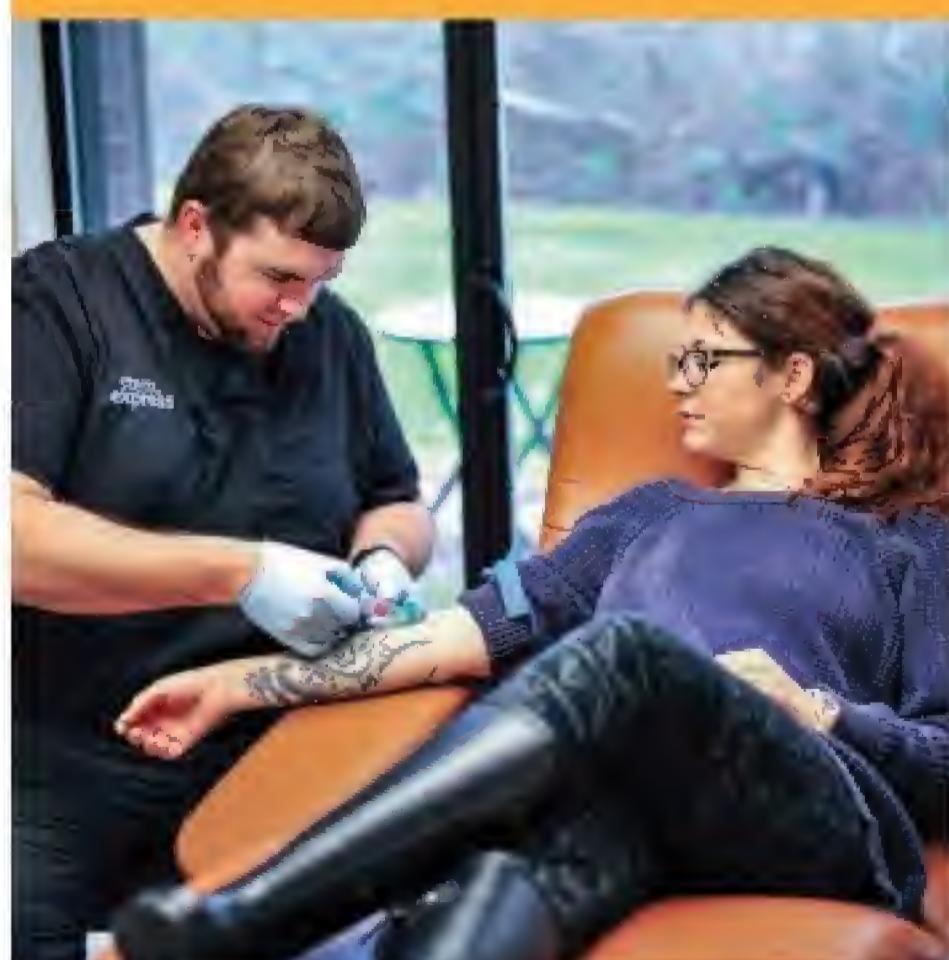
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Could roommates help college students get the mental health services they need?

Researchers at NYU looked at how college students understand their roommates' levels of distress, which may lead to a better safety net for students suffering from severe stress. **KRISTIN TOUSSAINT**

It's no secret that college students are under a lot of stress, but getting those students to seek help still proves to be a challenge.

Roommates may be the key to connecting students to the mental health support they need, according to a new study out of New York University.

"This is a really important topic. College should be an exciting moment of people's lives, but oftentimes you see a lot of college kids experiencing a lot of stress and difficulties, including social and

academic [challenges]," said Qi Xu, a doctoral student in NYU's Department of Psychology. "Sometimes, there's really bad outcomes that could lead to."

Suicide is a leading cause of death among college students in the United States, according to the Suicide Prevention Research Center. Schools do have mental health initiatives and outreach efforts, but Xu and other NYU researchers wondered if roommates could help.

"Often, college and universities are pretty proactive in reaching out to students, providing different counseling services for mental health problems, but students hesitate about whether they should seek out this support," Xu said.

Resident assistants (RAs) in dorms are commonly trained to spot signs of mental health concerns, but since room-

mates tend to spend more time together, they might have better insight into each others' emotions.

Researchers asked more than 180 pairs of roommates at multiple universities to first rate their own level of distress and then rate how distressed they thought their roommates were.

Students were pretty sensitive to the mental suffering their roommates felt — and tend to think that that distress level matches their own — but they're still underestimating how stressed out their roommates actually are, the study found.

This is useful insight, Xu said, because if people tend to under rate their roommates, it means schools might need to pay extra attention to when students do report something.

Since regular students might not know what to do in these situations,



Roommates should be trained to spot signs of distress so they can help each other get the mental health support they need, new research suggests. **NIKON**

the researchers suggested roommates be trained, like the RAs are, to spot signs of distress.

"More universal training on how to identify and respond to the distress of peers might have the benefit of encouraging conversations among roommates about what actions each might take if he or she notices another experiencing extreme distress," the researchers

wrote in their paper, published Monday in the journal *Personality and Social Psychology Bulletin*.

Xu considered that putting an added responsibility on students' shoulders to watch out for their roommates' well-being may add to their own stress levels, but she said that previous research has shown that those who are providing support for others experience a psycho-

logical benefit, as well.

Ultimately, more research needs to be done, and Xu believes this is worth looking into.

"I think this is a really important topic not only from a research perspective but for the general implication, for the community health of universities," she said. "I hope our research can lift up and ... draw public attention to these topics."

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Florida school massacre survivors rally for assault gun ban

"We want to see some common sense gun laws so this will never happen again," said shooting survivor Rachel Padnis.

Marjory Stoneman Douglas High School in Parkland, Florida, became the latest school targeted by a gunman using a semi-automatic AR-15 assault rifle, stirring the nation's long-running debate about gun rights and public safety.

Dressed in jeans and T-shirts and carrying signs with the slogan "#Neveragain," survivors of the Feb. 14 mass shooting met with lawmakers in Tallahassee, to ask for stricter controls on gun sales.

Investigators said the assault was carried out by 19-year-old former



Students voiced their outrage over lax firearm laws in a protest against gun violence on Wednesday. GETTY IMAGES

student Nikolas Cruz, who purchased an AR-15 nearly a year ago. Police have charged Cruz, who had been kicked out of Douglas for disciplinary problems, with 17 counts of premeditated

murder.

"We want to see some common sense gun laws so this will never happen again," said Rachel Padnis, a 16-year-old sophomore from the school near Fort Lauderdale.

President Donald Trump, a strong supporter of gun rights, was due to meet later Wednesday with parents, students and teachers who have been victims of gun violence, including those affected by the Valentine's Day shooting in Florida.

The White House meeting comes a day after Trump said his administration would take steps to ban bump stocks, an accessory that enables a rifle to shoot hundreds of rounds a minute. A spokeswoman said the administration was open to the idea of setting national age limits on sales of assault rifles.

The state Senate on Wednesday postponed discussion on a proposed gun control bill. The legislative session wraps up on March 9, leaving lawmakers little time to act.

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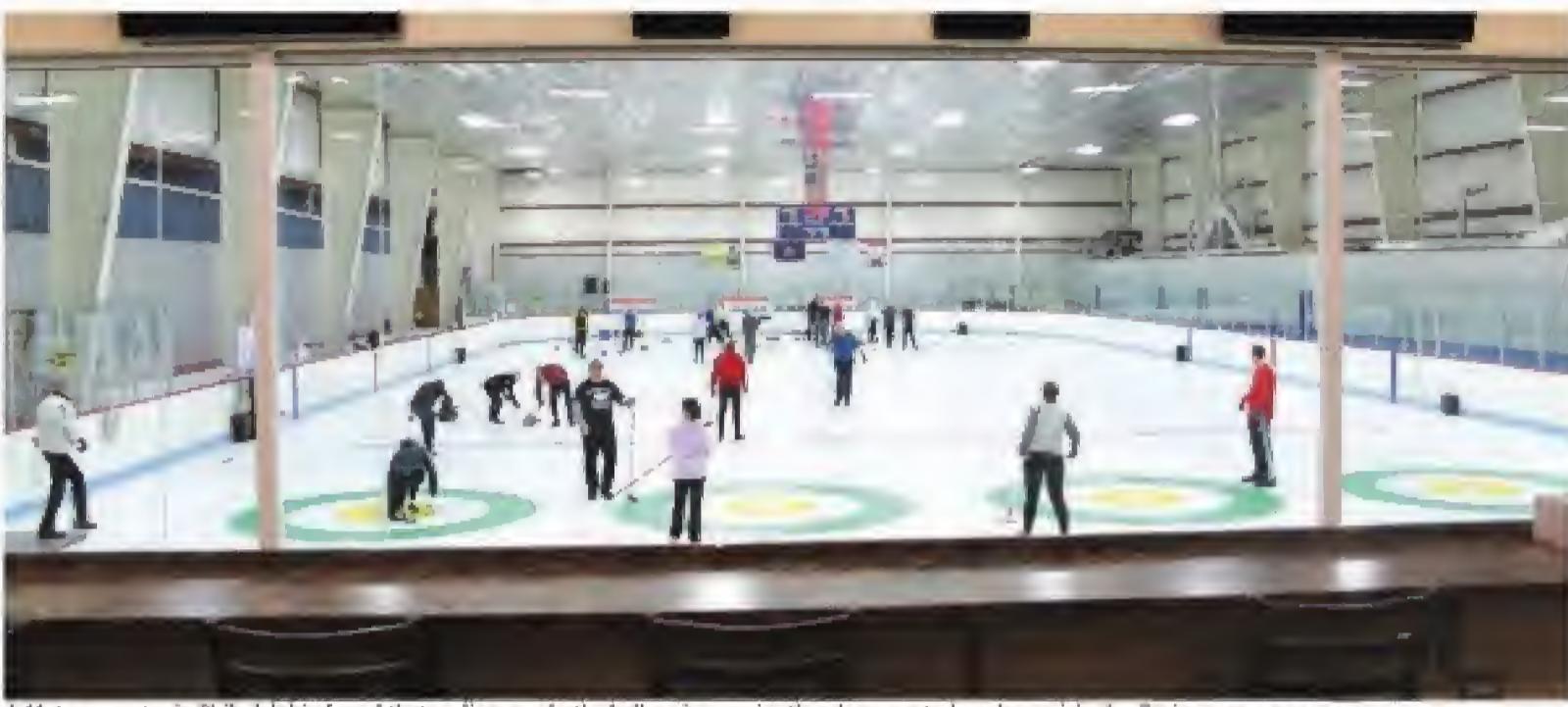
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Curling: What I learned about the Olympic sport by trying it

Curling really is a surprisingly accessible, playable sport. **EVAN MACY**



A Metro reporter in Philadelphia found that curling was both challenging, easier than he expected, and surprisingly alluring. ERIN STUDER-MACY

Sports aren't really that relatable. There are barriers to entry.

I can't really safely speed down an icy track at 80 miles per hour. I can't do a "backside triple cork 1440" or descend down a mountain slope 2.17 miles in one minute and 40 seconds. And where would I even find a luge track or halfpipe?

I'm not going to get to experience anything I've seen over the last two weeks in the Winter Olympics — especially not living in Southeastern Pennsylvania.

Except for Curling. Here's what I learned about curling, as I got a brief lesson from some experts.

1 The ice

It's called pebbled ice. They have a machine that does it, it's not a

zamboni. Watch closely on TV and you'll see the rough texture of the ice and it's of subtle but significant importance. You don't really slip and slide, you sort of glide and with more control when wearing what are either special shoes or shoe coverings — to make you more agile in the surface. And then the idea of slowly moving 42-pound stones make more sense.

"Throwing a stone requires a lot less force than you'd think," Ian Alexander, a curler from King of Prussia told me. "It's much more finesse."

2 The physics

The stone has a convex bottom so that very little of it touches the ice. A little bit of rotation makes the stone turn as it slides. The ice is rough, pebbled, as mentioned

before, so the sweeping actually smooths the ice so that the stone moves further and literally curls it. Like in billiards, knowing how hard and at what angle to hit a stone can help you score.

"A certain personality, I don't know what it is, is attracted to this sport," Kevin Strayer, who has curled for a decade said. "It's a lot of engineers, doctors, scientific type people. All the angles are just like shooting pool."

3 The camaraderie

I never thought of it before, but the sport really lends itself to social interaction and fun. It reminds me of bowling, but with more of a team approach. And I love playing with teams. Curling matches typically consist of two teams of four playing eight or 10

ends. You can't exactly hold a beer while playing.

"It's a very friendly, gentleman sport," Strayer said. "You call your own fouls, it's social, after the game the two teams sit together, winner buys the first round and loser buys the second round."

4 It's really not hard

Balance is key, so is technique. Both can be learned over repetition. The strategy comes later, and it one of the more exciting parts of the game.

"Curling is easy to learn but tough to master," Alexander said. "[Learning] strategy and tactics and so on will take years. People get better and better over time. It takes a lot of practice."



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DON'T BE OVERJOYED ABOUT THIS JD MARTINEZ DEAL YET

OPINION


DANNY PICARD
@dannypicard

I want to like the J.D. Martinez signing. I really do.

He hit 45 home runs in 119 games last season. He was third in all of baseball in 2017 with an OPS of 1.066, behind Aaron Judge and Mike Trout. And the Boston Red Sox are in need of some power after hitting just 168 home runs last year, the fourth-lowest home-run total in the majors.

But I can't get over the fact that Martinez and the Red Sox need each other much more than they may actually want each other. So it seems.

When Martinez's five-year, \$110 million deal was announced earlier this week, the perception was that Red Sox president of baseball operations Dave Dombrowski had reaped the benefits of staying patient.

Patience is a virtue, in this case, but only because nobody else wanted to pay the 30-year-old slugger. In early February,

Ken Rosenthal reported that Martinez was "fed up" with the Red Sox and their reported \$100 million offer. Martinez's agent, Scott Boras, immediately denied that his client had expressed those feelings.

Now, the two sides have agreed to a contract, and you'll hear about all the good things Martinez will bring to the Red Sox, as they try to win their third straight division title. What you won't hear is that Martinez is only coming to Boston because nobody wanted to pay him what a 40-home-run hitter is usually worth.

Martinez's undeniable power is really all I can tell you about the guy. I honestly don't know why there wasn't much of an attempt from the rest of the league to sign him. Perhaps it's because he's missed 85 games in the last two years combined. Or maybe it's because he's averaged 140 strikeouts per season the last four seasons, including a whopping 178 strikeouts in 2015.

You could say I'm nit-picking here. But given his highly acclaimed home-run power, it's a little confusing as to why there wasn't more inter-



J.D. Martinez is the signing of the offseason for the Sox, but did he come here out of desperation? GETTY IMAGES

est for Martinez on the free-agent market.

Collusion? The Boras effect? Teams saving for next winter's free-agent bonanza? All of the above?

Who really knows. All I'm saying is, it feels strange.

But because of that lack of interest, Martinez has fallen right into the

Red Sox' lap at the beginning of spring training.

The Sox played it right by not bidding against themselves, so they should be praised for their patience, for sure. I'm just curious to know if they would've actually got involved in a bidding war at all, had another team been willing to beat the Red Sox'

\$110 million offer.

One thing we know about Dombrowski is that if he wants something, he's going to go get it. See Chris Sale, David Price, and Craig Kimbrel as just a few examples. If Dombrowski thought offensive power was such a major need for the team, and a 40-home-run hitter

that he coveted was a free agent, I find it hard to believe he would've waited until everybody arrived at spring training to finalize a deal with him.

Again, don't bid against yourself. I understand that concept completely. But it's called a negotiation for a reason. Martinez wanted one thing. The Red Sox offered another. If Dombrowski was all-in on Martinez, why not just get on the phone or get in a room and work something out? By waiting it out, the risk of losing a player you covet is much greater than the reward of being praised for patience.

And hey, it's always good to get your guy. But whose guy is he? Is he ownership's guy? Is he Dombrowski's guy? And if another team offered Martinez a \$140 million over five years, would he end up being somebody else's guy?

Weird to think that the latter is probably true.

That said, I want to like this signing. I honestly do. I just can't help but think that Martinez is only in Boston because nobody else wanted him.

And that doesn't get me too fired up.

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SEND IT IN, JAROME

Could Jarome Iginla sign with the Bruins in the next few days?

It's entirely possible as Iginla actually practiced with the Providence Bruins this week and is looking to latch on with an NHL team before Monday's trade deadline. The 40-year-old Iginla is coming off of hip surgery and it's unclear if he can "still go."

Just two years ago, Iginla had a 47-point

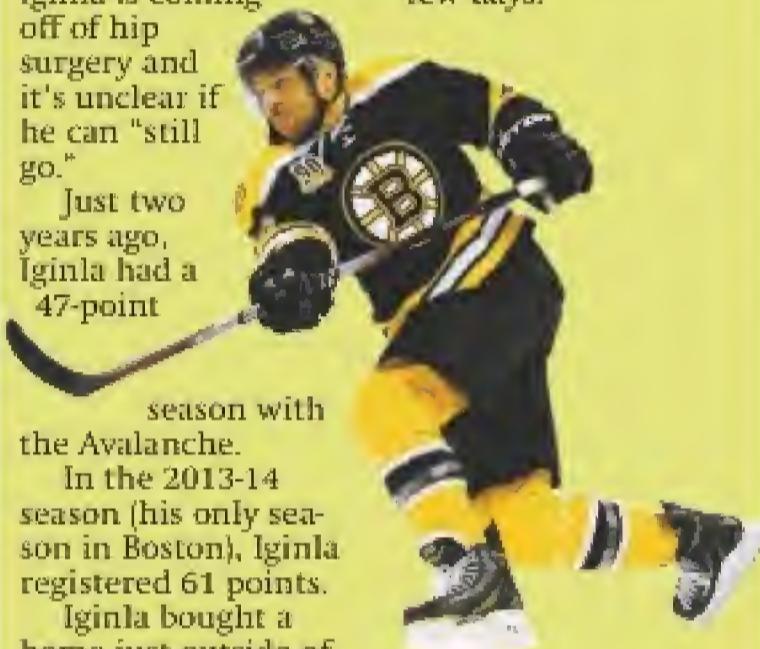
season with the Avalanche.

In the 2013-14 season (his only season in Boston), Iginla registered 61 points.

Iginla bought a home just outside of

Boston this past summer, adding fuel to the speculation.

While an Iginla return to the Hub would make for a fun story, most Bruins fans would rather see the team add a young star defenseman like Florida's Dmitry Kulikov in the next few days.



REALITY SHOW

WWE has always been at its best when it blurs the lines between fake and reality. They are certainly doing that these days as the biggest male draw on their cards continues to be former UFC heavyweight champion Brock Lesnar, and now Ronda Rousey — the former UFC women's bantamweight champion — is their top female draw.

Typically, top pro wrestlers also have to have the gift of gab as well as in-ring ability. But Lesnar has long had manager Paul Heyman do his

talking for him. It's likely that Rousey will have to have a similar mouthpiece (maybe Heyman himself?) considering her bleep-talking so far seems to be substandard.

It's a shame that the "UFC guy" with the best mic skills is former WWE champ CM Punk. Lesnar had a UFC bout a year and a half ago while under contract to WWE. Would be great if Rousey could work out a similar deal and if Punk could mercifully get out of the Octagon and back into the squared circle.



NO BRINKS TRUCK FOR IT

Jettisoned Celtics point guards have had a rough go of it in recent years. Isaiah Thomas is currently averaging 10.6 points per game with the hapless Lakers, and before IT it was Rajon Rondo who saw his career take a nosedive immediately after leaving Boston.

Rondo will never get back to his "triple double every other night" days and it already seems as though Thomas' as not only an MVP candidate but even

an NBA starter are in serious jeopardy. Thomas will hit free agency this summer, and no team in the league will even entertain giving him the max contract he coveted for the past few years.

The Lakers aren't going to re-sign him as he plays the same position as rookie Lonzo Ball and the Lakers want to take a serious run at LeBron James this summer. Having Thomas still on the roster would certainly hinder those plans.

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Slumping C's look to pick things up after ASG

The Celtics visit the Pistons and Knicks this weekend before a short return home.



MATTHEW BURKE
matthew.burke@metro.us

The NBA All-Star break came at the exact right time for the Celtics, a team that's suffered through a four-game losing streak and a three-game losing streak in the past month alone.

Despite the ugly stretch, the C's are still just two games behind the Toronto Raptors for first place in the Eastern Conference and can make up that ground in the next week alone as they have four games in six nights.

The first test will come Friday night in Detroit as the C's face the now-



Fresh off his fifth All-Star Game appearance, Celtics point guard Kyrie Irving will get back to work getting his team to the top of the East. GETTY IMAGES

Blake Griffin-led Pistons.

"I think teams have outplayed us," Celtics head coach Brad Stevens said before the break of his team. "I've said all along I don't think we're

all that we were cracked up to be during our 16-game winning streak and it's probably hit us more in the past month that it hit us before. Teams have outplayed

us; good teams have outplayed us."

The Celtics are at their best when they are able to move the basketball and not get caught in a 1-on-1 game with

Kyrie Irving as the focal point. Make no mistake, Irving is their best player — but he doesn't need to be scoring 30 points for the C's to be effective.

In the past six games that Irving has eclipsed the 30-point mark, the Celtics have lost.

"This [time of year] the stakes are at their highest," Irving said. "Teams are starting to shape into what they're going to be going into the playoffs. And that's where my focus is. So obviously the last month we've had some slippage. But my focus is how to get the group to be better. Teams are raising their level. I have to figure out a way to get this group to another gear. Other teams are starting to get their gears. It's about time."

Following Friday night's tilt against the Pistons, the C's will play in Manhattan on Saturday night against the Knicks. Boston will return home Monday to face the Grizzlies and will host the Hornets 48 hours later.

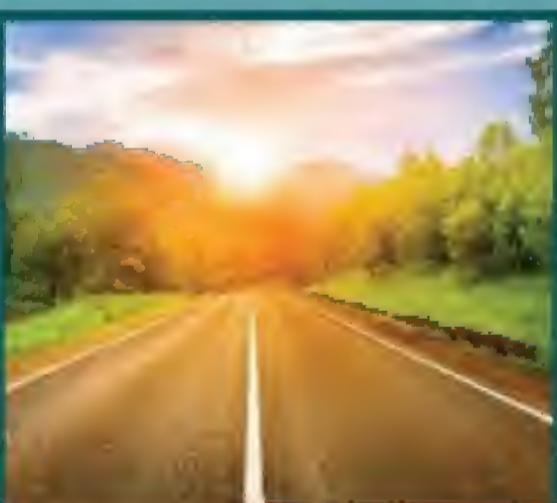
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The purpose of this handout is to notify our community about this study and to provide contact information and resources where you can learn more. If you do not wish to be a participant in this study, please visit the website below or call the number listed below to find out how you can opt out. Individuals who opt out will be sent a bracelet and the study team will maintain a list of these individuals to ensure they are not enrolled under EFIC.

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CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO

G. L. c. 190B, §5-304

Docket No. SU18P00720D

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

In the matter of: Emeida L Sagastume

Or: Boston, MA

RESPONDENT

Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Sandra N Sagastume of Boston, MA in the above captioned matter alleging that Emeida L Sagastume is in need of a Guardian and requesting that Sandra N Sagastume of Boston, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

Suffolk Probate and Family Court

24 New Chardon Street, Boston, MA 02114

The petition asks the court to determine that the Respondent is Incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/22/2018. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

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LEGAL NOTICES

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Filicia A. Kellon to First Franklin Financial Corporation, dated December 30, 2002 and recorded with the Suffolk County Registry of Deeds at Book 30216, Page 282, as affected by a Loan Modification Agreement recorded in said Registry of Deeds at Book 51700, Page 329 subsequently assigned to Wells Fargo Bank N.A. successor by merger to Wells Fargo Bank Minnesota, N.A., as Lender for the Structured Asset Investment Loan Trust, Mortgage Pass-Through Certificates, Series 2003-BC3 by First Franklin Financial Corporation by assignment recorded in said Suffolk County Registry of Deeds at Book 44768, Page 173; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on March 1, 2018 at 25 Greycliff Road, Boston (Brighton), MA, all and singular the premises described in said Mortgage, and for the purpose of foreclosing same will be sold at Public Auction at 2:00 PM on March 8, 2018 at 80 Reiley Street, Unit 1, Boston (Dorchester), MA, all and singular the premises described in said Mortgage.

TO WHOM IT MAY CONCERN:

Cottage Condominium, Unit 1, 80 Reiley Street, Dorchester, Massachusetts created by Master Deed dated August 26, 2002 and recorded with Suffolk Registry of Deeds Book 29226, Page 250, together with an undivided 50% interest in the common areas and facilities of the condominium as set forth in said Master Deed, said premises are subject to the following. The provisions of Massachusetts General Laws, Chapter 183A, easements, restrictions, covenants, reservations, terms and conditions contained or referred to in said Master Deed and the Declaration of Trust of the Cottage Condominium dated September 30, 2002, recorded with Suffolk Registry of Deeds Book 29226 Page 250. Said Unit 1, 80 Reiley Street contains approximately 1,004 square feet of living space, 502 square feet lower level and 502 square feet upper level, 3 bedrooms, 1.5 baths, living room, dining room, kitchen, basement level storage.

For informational purposes only reference is made to Amended and Restated Condominium Master Deed for Cottage Street Condominium 78-82 Reiley Street recorded 3/1/2013 at Book 30818 Page 290.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L. Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagor reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Wells Fargo Bank N.A. successor by merger to Wells Fargo Bank Minnesota, N.A., as Trustee for the Structured Asset Investment Loan Trust, Mortgage Pass-Through Certificates, Series 2003-BC3
Present Holder of said Mortgage.
By its Attorneys,
ORLANS PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
16-008904

February 15, 2018, February 22, 2018
and March 1, 2018

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Maryanne West to World Savings Bank, FSB, dated September 15, 2004 and recorded with the Suffolk County Registry of Deeds at Book 35555, Page 181; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on March 1, 2018 at 25 Greycliff Road, Boston (Brighton), MA, all and singular the premises described in said Mortgage.

TO WHOM IT MAY CONCERN:

The land referred to in this Commitment is described as follows: The land-in with buildings thereon, now known and numbered as 25 Greycliff Road situated in Boston, Suffolk County, Massachusetts, being shown as Lot #33 on "plan of Land in Boston Brighton District, April 11, 1925 by M.D. O'Farrell, Surveyor" recorded in Suffolk Registry of Deeds Book 4667, Page 121, bounded as follows: NORTHWESTERLY by Greycliff Road, formerly Seminary Road, sixty (60) feet; NORTHEASTERLY by Lot #32 on said plan, ninety (90) feet; SOUTHEASTERLY by Lot #19 on said plan, sixty (60) feet; SOUTHWESTERLY by Lot #34 on said plan, ninety (90) feet; BEING the same property conveyed to Maryanne West by Deed Recorded 10/02/96 in Book 22367, Page 258 AND Recorded 04/17/96 in Book 22365, Page 241 Parcel/Tax I.D. # 2205307000.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L. Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagor reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Wells Fargo Bank N.A.
Present Holder of said Mortgage,
By its Attorneys,
ORLANS PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
14-016997

February 8, 2018, February 15, 2018
and February 22, 2018

**THE COMMONWEALTH OF MASSACHUSETTS
MASSACHUSETTS DEPARTMENT OF TRANSPORTATION - HIGHWAY DIVISION
NOTICE OF A PUBLIC HEARING**

Project File No. 605789

A Design Public Hearing will be held by MassDOT to discuss the proposed Reconstruction of Melnea Cass Boulevard project in Boston, MA.

WHERE: Boston Water and Sewer Commission
980 Harrison Avenue, Roxbury, MA 02119

WHEN: Thursday, March 1st @ 7:00PM

PURPOSE: The purpose of this hearing is to provide the public with the opportunity to become fully acquainted with the proposed Reconstruction of Melnea Cass Boulevard project. All views and comments made at the hearing will be reviewed and considered to the maximum extent possible.

PROPOSAL: The mile long Complete Streets focused Reconstruction of Melnea Cass Boulevard project looks to enhance public safety and provide multi-modal travel options for all users while serving the regional traffic demand on the corridor. The project will reconstruct all pedestrian and bicycle facilities, reconstruct roadway pavements, update traffic signal equipment, enhance storm-water management, invest in landscape architecture, and include protected intersections. The proposed typical roadway cross-section will include two 10.5 foot travel lanes in each direction with 10.5 foot turning lanes. Sidewalks ranging from 7 to 8 feet in width will be provided along both sides of the Boulevard. Bicycle accommodations consisting of 6 to 8 feet wide separated bike lanes are provided in accordance with applicable design guides.

A secure right-of-way is necessary for this project. Acquisitions in fee and permanent or temporary easements may be required. The City of Boston is responsible for acquiring all needed rights in private or public lands. MassDOT's policy concerning land acquisitions will be discussed at this hearing.

Written views received by MassDOT subsequent to the date of this notice and up to five (5) days prior to the date of the hearing shall be displayed for public inspection and copying at the time and date listed above. Plans will be on display one-half hour before the hearing begins, with an engineer in attendance to answer questions regarding this project. A project handout will be made available on the MassDOT website listed below. Written statements and other exhibits in place of, or in addition to, oral statements made at the Public Hearing regarding the proposed undertaking are to be submitted to Patricia A. Leavenworth, P.E., Chief Engineer, MassDOT, 10 Park Plaza, Boston, MA 02116, Attention: Highway Design, Project File No. 605789. Such submissions will also be accepted at the hearing. Mailed statements and exhibits intended for inclusion in the public hearing transcript must be postmarked within ten (10) business days of this Public Hearing. Project inquiries may be emailed to dot.feedback.highway@state.ma.us

This location is accessible to people with disabilities. MassDOT provides reasonable accommodations and/or language assistance free of charge upon request (including but not limited to interpreters in American Sign Language and languages other than English, open or closed captioning for videos, assistive listening devices and alternate material formats, such as audio tapes, Braille and large print), as available. For accommodation or language assistance, please contact MassDOT's Chief Diversity and Civil Rights Officer by phone (857-368-8580), fax (857-368-0602), TTD/TTY (857-368-0603) or by email (MassDOT.CivilRights@dot.state.ma.us). Requests should be made as soon as possible prior to the meeting, and for more difficult to arrange services including sign-language, CART or language translation or interpretation, requests should be made at least ten (10) business days before the meeting.

In case of inclement weather, hearing cancellation announcements will be posted on the internet at <http://www.massdot.state.ma.us/highway/>

JONATHAN L. GULLIVER
HIGHWAY ADMINISTRATOR

PATRICIA A. LEAVENWORTH, P.E.
CHIEF ENGINEER

**NOTICE AND ORDER:
Petition for Appointment of Guardian of a Minor**

Docket No. SU18P0240GD

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

In the interests of Linghui Liu
of Boston, MA
Minor

Suffolk Probate and Family Court
24 New Chardon Street
Boston, MA 02114

NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on 02/06/2018 by Kim Li of Boston, MA will be held 03/06/2018 09:30 AM
Guardianship of Minor Hearing Located 24 New Chardon St. Boston, MA 02114

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and
Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

Date: February 8, 2018

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that you need to publish?**

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Herman Miles: 617-532-0105
herman.miles@metro.us

**CITATION GIVING NOTICE OF PETITION FOR TERMINATION
OF A GUARDIAN OF AN INCAPACITATED PERSON AND/OR
CONSERVATOR**

Docket No. SU05P0207G1

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

In the interests of: Elizabeth F Hutton
Of: Brighton, MA

RESPONDENT Incapacitated Person/Protected Person

To the named Respondent and all other interested persons, a petition has been filed by Barbara J Epstein of ACTION, MA, David S Caplan of ACTION, MA, Department of Mental Health Boston of Westborough, MA in the above captioned matter requesting that the court:

Suffolk Probate and Family Court

24 New Chardon Street, Boston, MA 02114

Terminate the Guardianship and/or Conservatorship

The petition asks the court to make a determination that the Guardian and/or Conservator should be allowed to resign; or should be removed for good cause; or that the Guardianship and/or Conservatorship is no longer necessary and therefore should be terminated. The original petition is on file with the court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 03/27/2018. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: February 13, 2018

Across

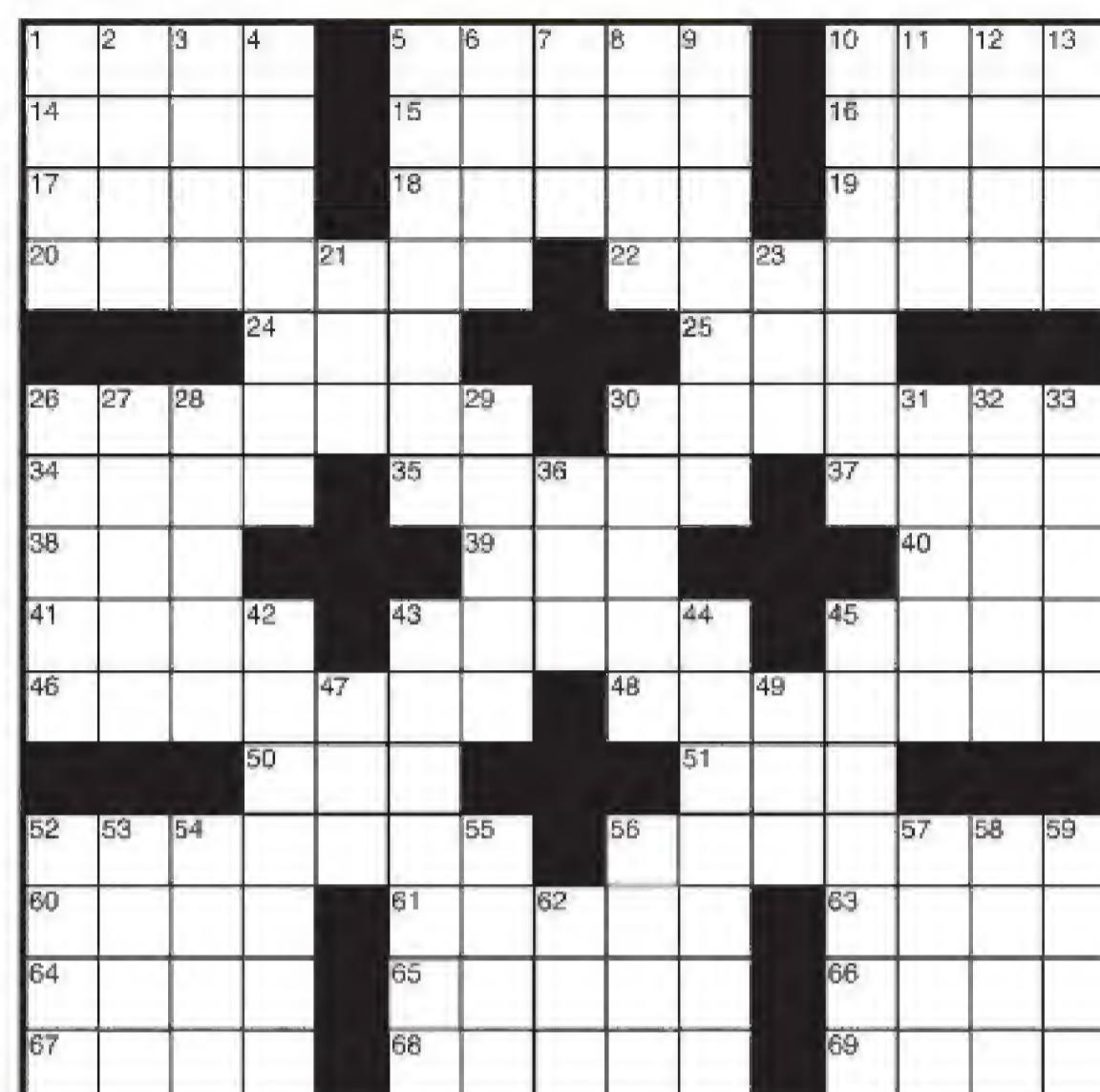
- Pouches
- Work clothes
- Tiny room
- Break ground
- Not edited
- Tune for a diva
- Munitions
- Devoutness
- "Kon- -"
- Gossipy paper
- Made slower
- Bad tennis serve
- Ms. Lupina
- Stuck
- Of no value
- Rust component
- Use the oven
- Minstrel's instrument
- Barnyard animal
- "That's obvious!"
- Checkbook amt.
- Was very thrifty
- Stodgy one
- Metal thread
- Sombrero go-withs
- Bacon servings
- Alphabet ender
- 1960s Chairman
- Tacks on
- Unrumples
- Pore over a book
- Soak in the tub

Down

- Falling-out
- Soprano -- Gluck
- Item for a barber
- High, as a river
- Mars neighbor
- Tennyson heroine
- Playing card
- Kooks
- Salon employee
- Jeer
- Mr. Satie
- Bard or minstrel
- Jurist -- Warren
- Inner fire
- International money
- Contrived
- Central points
- Plummet

metro.us /games

metro.us/crossword



metro.us/sudoku

easy

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| 2 | | | 4 | 8 | | | |
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| 7 | 5 | | 4 | | | 6 | |
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hard

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| | | | | 2 | | 6 | |
| 2 | | | 8 | | 1 | 5 | 7 |
| 5 | | | 6 | | 4 | | |

metro.us/horoscopes



Aries Work until you have mastered what you want to present. Winging it may have worked in the past, but this time you will have to get your facts straight.



Taurus Open up and let others know where you stand and what you intend to do. Taking control will give you a sense of freedom and the ability to get what you want.



Gemini Little gestures can turn into a big deal if you are forthright in the way you go about helping others. What you receive in return will surprise you.



Cancer Participate in group endeavors to work alongside people from all walks of life. The information and experience you gain will encourage positive personal changes.



Leo Stay under budget and don't promise more than you can deliver. Timing is important, along with emotional control to avoid a misunderstanding that affects relationships.



Virgo Address an issue you have with a friend, relative or colleague. Keep an open mind to find a way to turn a negative into a positive.



Libra Make every moment count. Look for the positive in change that comes your way. Accepting others and doing your best with what you've got will lead to peace of mind.



Scorpio Before you make a purchase, consider your motives. If you're on an emotional spending spree, stop. Only spend your money on something that can help you advance.



Sagittarius Put more energy into how you earn your living or your volunteer work. Being responsible will give you a greater sense of self-worth and confidence.



Capricorn How you were raised and the way you handle money and domestic situations will elevate you comfort. Ease your stress by knowing what's right and then doing it.



Aquarius Avoid arguments with peers or relatives. If you don't agree, do your own thing. Arguing will be a waste of time and will make matters worse. Avoid excessive behavior.



Pisces Be grateful and use what is offered to help spin things your way. Don't ignore or dismiss what you can be achieving. **EUGENIA LAST**

Yesterday's answers

| | | |
|----------|----------|-------|
| CLAD | WHITE | CORD |
| LOLA | AUDIO | ALAI |
| UGLY | SNEER | FLIP |
| BOYCOTTS | METALLS | |
| | AWE | USA |
| ACTRESS | PLANERS | |
| GORED | WHOA | SEAT |
| ILE | REARS | RTE |
| NOVA | IDLE | IDIOM |
| GRIMACE | SATEENS | |
| NTH | REF | |
| GENEVA | ANIMATED | |
| AXES | RANIS | COTE |
| SPOT | DANCE | ERNE |
| PONY | SHOES | SNAP |

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